

Client Questionnaire

Your Information

| Name | Age DOB | Ethnicity |
|------------|------------|-----------|
| Address | City | State Zip |
| Home Phone | Cell Phone | _ Email |

Medications

| Medication | When | How Long | Medication | When | How Long |
|------------------|------|----------|-------------------|------|----------|
| Antibiotics | | | Androstendione | | |
| Accutane | | | Testosterone | | |
| Benzoyl Peroxide | | | Progesterone | | |
| Retin A | | | Thyroid | | |
| Cream or Gel? | | | Gonadotrophin | | |
| Tazorac | | | Danzol | | |
| Differin | | | Cyclosporin | | |
| Azelex | | | Lithium | | |
| Avita | | | Isoniazid | | |
| Cleocin-T | | | Immuran | | |
| E-mycin-T | | | Disulfuram | | |
| Copaxone | | | Dilantin/Tegretol | | |
| Corticosteroids | | | Steroids | | |
| Quinine | | | Marijuana | | |
| Other Meds | | | Cocaine/Speed | | |



Medical History (please check all that apply)

| Herpes Simplex | HIV/AIDS | Hemophilia |
|----------------------|--------------------|---------------------|
| Eczema | Thyroid Problems | Lupus |
| Psoriasis | Hormone Problems | Anemia |
| Hepatitis | Hysterectomy | High Blood Pressure |
| Cancer | Ovary(ies) Removed | Diabetes |
| Staph Infection/MRSA | Pacemaker | Metal Pins in Body |

Your Primary Care Physician:

Name: _____ Phone: _____

Are you under a dermatologist's or other physician's care? Yes No

If yes, doctor's name: _____

Lifestyle Considerations

Have you ever had any reaction to any products or anything you have put on your face? Yes
No

If yes, what products? ______

| Please check any of these you are allergic to: Sulfur | □ Aspirin □ Latex □ |
|---|---------------------|
|---|---------------------|

List any other allergies you know of: _____

Do you smoke? Yes 🗆 No 🗆

Do you use fabric softener or fabric softener sheets in the dryer? Yes \square No \square

Do you swim in a chlorinated pool? Yes \square No \square

Do you work around chemicals, tars, oils, grease or inks? Yes
No

Occupation: _____ Do you work nights? Yes



Are you currently under a lot of stress? Yes \square No \square (common stress = job loss, new job, wedding, romantic breakup, death in the family or close friend, graduation, difficult home life, long commute, heavily scheduled)

Women: Do you use birth control pills, shots or use an IUD? Yes
No
If so, which do you use? ______ What brand of pill? ______ Are you pregnant or nursing? Yes
No

Men: Do you have shaving irritation? Yes
No
What type of razor do you use for shaving?

Diet- Do you consume the following?

| Foods | ~ | How often per week | Foods | ✓ | How often per week |
|---------------------|---|--------------------|------------------|---|--------------------|
| Fast Food | | | Peanuts | | |
| Processed Food | | | Sushi | | |
| Salty Snacks | | | Kelp and Seaweed | | |
| Milk/Yogurt | | | Miso Soup | | |
| Cheese | | | Soy | | |
| Whey or Soy Protein | | | Vitamins | | |
| Peanut Butter | | | Seafood | | |

Products Currently Using- Please Provide Product Names

| Cleanser | |
|-----------------------------------|--|
| Toner | |
| Serums | |
| Moisturizers | |
| Sun Screen | |
| Mask | |
| Foundation | |
| Blush | |
| Exfoliant (acids, serums, scrubs) | |
| Acne Medications | |
| Anything Else? | |



Other Treatments: What else have you done for your skin in the last 90 days?

| Treatment | When? | Where? |
|--------------------------------|-------|--------|
| Chemical Peels | | |
| If so, what kind: | | |
| Microdermabrasion | | |
| Dermabrasion | | |
| Laser Hair Removal | | |
| Laser Rejuvenation/Resurfacing | | |
| Skin Cancer Removal | | |
| Facial Waxing | | |
| Electrolysis | | |
| Other: | | |

How did you hear about us? _____